

MORPHIUS RECORDS IN CONJUNCTION WITH ANARCHOS RECORDS IS PLEASED TO PRESENT

MISERY INDEX "Pulling Out The Nails" CD



DESCRIPTION

"We are pleased to announce, at long last, our discography collection of splits and EPs, entitled "Pulling Out The Nails" (after the first song the band wrote). It features 30 tracks, and includes ALL non-album material from 2001-2008, including the *Overthrow* and *Dissent* EPs, as well as the splits with Structure of Lies, Commit Suicide, Mumakil, the 7"s, the live tracks, bonus covers etc. The compilation was remastered by Scott Hull (Pig Destroyer) this year, and will be available in March on CD through our own Anarchos records imprint. The CD version of *Pulling Out The Nails* includes an extensive 24 page booklet of lyrics, details, notes, fliers, pictures, and a complete list of all shows Misery Index has performed to date. We hope it's the final representation of the various incarnations of the band in the past 8 years" –Jason Netherton

BIO

Based out of Baltimore & Washington, DC, Misery Index was formed in 2001. The band features vocalist and bassist Jason Netherton, guitarist Sparky Voyles, drummer Adam Jarvis, & guitarist/vocalist Mark "Lo Sneek" Kloeppe. The music of Misery Index combines the most intense elements of metal with a distinct grind approach, added with a touch of hardcore and extreme punk attitude and passion, thus pushing the limits of metal with an insane mix of regressive thrashing rhythms, corrupting breakdowns & energetic ferocity. Misery Index sets no limits in their goal of making metal & grind flow together in boundless punishing assaults designed to modernize the classic death & grind metal of the early 90's, drawing influence from Brutal Truth, Disrupt, Morbid Angel, Napalm Death, Terrorizer, His Hero is Gone, Bolt Thrower, Assuck and Entombed.

Visual imagery and lyrical concept are also very critical to the band, and like the true nature of the genre, Misery Index catapults their ideology and anger to the forefront. Misery Index recently headlined the 2009 Relapse Records / Brooklyn Vegan CMJ showcase in New York, and has announced dates for an Australian and New Zealand tour which includes DECAPITATED, PSYCROPTIC, & ORIGIN.

Misery Index has spent their recent time away from the road writing for their follow-up album to 2008's *Traitors*. The band will begin recording in early January with engineer Steve Wright at Wright Way Studios (DYING FETUS, SLIPKNOT, MOS DEF). The album's tentative title is *Heirs To Thievery*, and a May 2010 release date is expected.

Misery Index has recently announced the dates for an Australian and New Zealand tour this spring. This tour will kick-off in early April and also include DECAPITATED, PSYCROPTIC, & ORIGIN. **See tour dates on next page.**

Artist: Misery Index
Title: Pulling Out the Nails
Label: Anarchos
Cat#: ANA-004
Format: CD
MSRP: \$14.97
Street Date: 3/9/2010
Barcode: 613285898424
Genre: thrash/metal, grindcore
RIYL: Brutal Truth, Disrupt, Morbid Angel, Napalm Death, Terrorizer, His Hero is Gone, Bolt Thrower, Assuck and Entombed.



TRACKLIST & 28 UPCOMING TOUR DATES ON PAGE 2



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TRACKLIST:

1. Manufacturing Greed 3:36 (from *Overthrow*)
2. Your Pain Is Nothing 4:19 (from *Overthrow*)
3. Blood On Their Hands 1:40 (from *Overthrow*)
4. Pulling Out the Nails 2:26 (from *Overthrow*)
5. Dead Shall Rise 3:07 (from *Overthrow*)
6. My Untold Apocalypse 2:11 (from *Alive? EP*)
7. Alive? 1:56 (from *Alive? EP*)
8. Reality Distortion (Disrupt cover) 3:25 (from *Alive? EP*)
9. Sheep And Wolves 2:41 (from *Dissent*)
10. Exception To The Ruled 4:29 (from *Dissent*)
11. The Imperial Ambition 3:42 (from *Dissent*)
12. Multiply By Fire 2:20 (from *Dissent*)
13. Defector (Thinning The Herd) 3:14 (from *Dissent*)
14. Conquistadores 3:55 (from *Split 7"* with BS)
15. Walls of Confinement (Napalm Death) 3:04 (from *Split 7"* with BS)
16. Scene and Not Heard 1:32 (from *Hang 'em High 7"*)
17. Hang 'em High 1:01 (from *Hang 'em High 7"*)
18. Love It or Leave It 1:05 (from *Hang 'em High 7"*)
19. Discordia (Acoustic Version) 3:12 (from *Hang 'em High 7"*)
20. Ruling Class Cancelled 2:08 (from *Split w/ Mumakil*)
21. 49 Second of Hate 0:48 (from *Split w/ Mumakil*)
22. The Color of Blood 2:06 (from *Split w/ Mumakil*)
23. Meet Reality 2:24 (from *Split w/ Mumakil*)
24. The Living Shall Envy the Dead 0:47 (from *Split w/ Structure of Lies*)
25. Demand the Impossible 4:28 (from *Split with Structure of Lies*)
26. Panopticon 2:19 (from *Split with Structure of Lies*)
27. Screaming at a wall (Minor Threat) 1:49 (bonus track from *Dissent*)
28. Alive? 2:04 (Live from WERS radio, 2002)
29. My Untold Apocalypse 2:19 (Live from WERS radio, 2002)
30. Manufacturing Greed 4:01 (Live from WERS radio, 2002)

2010 TOUR DATES

MISERY INDEX has recently announced the dates for an Australian and New Zealand tour this spring. This tour will kick-off in early April and also include DECAPITATED, PSYCROPTIC, and ORIGIN.

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|-------------|---|
| Feb 19 2010 | Popeye's Poughkeepsie, New York |
| Feb 20 2010 | Union Pool brooklyn, New York |
| Feb 21 2010 | Unit 11 boston, Massachusetts |
| Feb 22 2010 | Cherry Street Station Waterford |
| Feb 23 2010 | Mojo 13 Wilmington, Delaware |
| Feb 24 2010 | Belvediers Pittsburgh, Pennsylvania |
| Feb 25 2010 | Melody Inn Indianapolis, Indiana |
| Feb 26 2010 | Macís Lansing, Michigan |
| Feb 27 2010 | Elvaís South Bend, Indiana |
| Feb 28 2010 | Reggie's Chicago, Illinois |
| Mar 1 2010 | Vaudeville Des Moines, Iowa |
| Mar 2 2010 | Fubar St. Louis, Missouri |
| Mar 3 2010 | Riot Room Kansas City, Missouri |
| Mar 4 2010 | TBA Hutchinson, Kansas |
| Mar 5 2010 | Conservatory Oklahoma City, Oklahoma |
| Mar 6 2010 | War Legion Amarillo, Texas |
| Mar 7 2010 | Reno's Dallas, Texas |
| Mar 8 2010 | Red Seven Austin, Texas |
| Mar 9 2010 | Sam's San Antonio, Texas |
| Mar 10 2010 | Smokin' Aces McAllen, Texas |
| Mar 11 2010 | Zero's Corpus Christi, Texas |
| Mar 12 2010 | Walter's Houston, Texas |
| Apr 1 2010 | Transmission Room, Lic/AA Auckland, New Zealand |
| Apr 2 2010 | The Esplanade Hotel Melbourne, Australia |
| Apr 3 2010 | The Gaelic Club Sydney, Australia |
| Apr 4 2010 | The Hifi Brisbane, Australia |
| Apr 5 2010 | Fowler's Live Adelaide, Australia |
| Apr 6 2010 | Black Betty's Perth, Australia |